

CORE3 PACK

Daily

PRODUCTS:

Super Amino 23 +
Power Shake +
Apothe-Cherry




Organically maintain your health with daily vegan protein, fruits and veggies.

This pack of 3 products is the easiest way to get high-quality protein, fruits, and veggies into your body every day. Along with a healthy diet, this pack can help you stay on a healthy track daily.

SCHEDULE

DAILY CORE3

Feel more energy, improve digestion, increase mental clarity and get deeper sleep. Follow this schedule and you will feel better in no time.

 Rise and shine	Super Amino 23 - 5 tablets with water upon rising or prior to working out
 Daily grind	Power Shake - 2 scoops mixed with water or your favorite non-dairy beverage. Perfect mid-morning or mid-afternoon boost instead of coffee, soda or a snack
 Time to unwind	Apothe-Cherry - 1-2 tablespoons mixed with water or your favorite healthy beverage. Take 30-60 minutes before sleep