Weight Loss Testimonial

For Monika, the 10-Day Transformation not only changed her body, it changed her mindset.

"Before, I used to eat a lot of fast food and drank soda like it was water, " she says. "Now my taste buds have changed. I crave healthy foods!" This busy mom of two kids says the Transformation helped motivate her to exercise daily and to treat her body right.

"After my first cleanse, I stepped on the scale and I had lost 20 pounds," Monika says. "That was so exciting! I knew I could do it again and get to the place where I had always wanted to be."

These days, Monika won't let a day go by without drinking her Power Shake and taking her Super Amino 23. "I don't miss the unhealthy foods at all," Monika says. "The nutrition I get in Purium products tastes so good and I love the way they make me feel. I feel like I 'm Superwoman and can do anything I put my mind to."

BEFORE

Name: Monika L.

Results: Lost 177 lbs in 20 months!



Individual results can and will vary. This testimonial is not necessarily representative of all of those who use Purium products.