

July PLC Special: Power of 10 Veggie

10 servings of vegetables. Bottoms up!

Nutritional experts have long said that 5 servings of fruits and vegetables satisfies the MINIMUM daily requirement for maintaining basic body/brain function but that 10 servings of fruits and vegetables is OPTIMAL. The majority of the population struggle to get even 5 servings in their day and only a measly 1 % of us are actually getting 10 servings of vegetables per day. This lack of plant based nutrition is taking its toll on the health of our nation as a whole and is why the Standard American Diet is so SAD.

POWER OF 10 Veggie is the perfect alkalizing, nutrient-rich antidote to the harmful effects of our fattening, overly processed, low-nutrient Western Diet. For extra anti-aging nutritional support, start your day with the energizing Power of 10 Veggie and end your day with the deep-sleep promoting Apothe-Cherry.

- Provides 10 servings of nutrient-dense veggies and anti-aging herbs
- Helps protect against cellular oxidative stress
- May help increase energy and vigor
- May support healthy cardiovascular function
- Supports healthy immune function



Instructions: Mix one scoop with 8-10 oz of cold water or juice and drink daily. It works best when taken on an empty stomach.

Ingredients: Ho Shu Wu, Cat's Claw, Amla, Astaxanthin, Aloe Vera 200:1, White American Ginseng, Organic Barley grass whole powder, Organic Oat grass whole powder, Organic Spinach, Organic Broccoli, Organic Kale, Organic Parsley, Organic Spirulina, Organic Chlorella, Organic Dandelion Leaf, Organic Cilantro, Organic Dulse, Organic Wheat grass whole powder, Organic Alfalfa grass Juice Powder, Organic Arabic Gum, Lo Han Guo berry Extract, Organic Apple Flavor, Organic Raspberry Flavor

Buy 3, Get 1 FREE!

**YOU SAVE:
\$30.77!**

**PLC Member Price:
\$92.31 / BV 75**

Purchase by 11:59 PM Central Time on July 20th to prevent Back Up Order from being triggered

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