**Post 1: tag - announcement**

It's almost 2017 and I'm planning to go big this year. What does that mean⁉️  You'll see. 😉  I'll be making an exciting announcement soon so check back often❗️

If you're curious and want to know now, comment "Ready to Go Big" below and I'll send you a message. 😏 #GoBigIn2017

**Post 2: tag - announcement**

Describe your resolution in 3 emojis below.

My favorites will learn a secret that's coming in 2017! #ItStartswith10Days

**Post 3: tag - announcement**

Who wants some extra green in 2017?!

Something BIG is coming... #GoBigIn2017

**Post 4: tag - announcement**

I am SO excited to announce to everyone our #ItStartsWith10Days challenge! 😊😊😊

Who wants to lose 5-20 pounds in the first 10 days? Who wants to lose even more over the next 100 days? Who wants to break food addictions? Who wants to win an awesome all-expense paid vacation?  🙋 I know I do‼️

**Post 5: tag - go big in 2017**

Who else wants to start earning cash like this??

Comment below with one 💵 stack of cash if you want a little spending money or FIVE stacks of cash 💵 💵 💵 💵 💵 if you want cash like a Kardashian! #GoBIGin2017

**Post 6: tag - It starts with 10 days**

The quality of the food you eat equals the quality of the live you live. A healthy outside starts from the inside! 🍏🍇🍓

What are some of your favorite healthy snacks⁉️

A healthy outside starts from the inside! 🍏🍇🍓

What are some of your favorite healthy snacks⁉️

**Post 7: tag - it starts with 10 days**

Who wants to lose 10 pounds in 10 days⁉️🙋🙋🙋

Not only is it possible, it's healthy. Comment "I'm in" if you want to know how. 🙌 #ItStartsWith10Days

**Post 8: tag - go big in 2017**

I can honestly say I love what I do, it's provided me with opportunities I never thought I would have. 🙌  The flexibility to work from home has been amazing for [INSERT REASON, ex: my family]. If you're looking to earn some extra cash, or a new full-time career, 2017 is the time to GO BIG‼️

What are some perks you look for in a job⁉️ Comment 👇👇👇#goBIGin2017

**Post 9: tag - it starts with 10 days**

Let's put more real food in our bodies and less of the artificial kind! 🍎🍏

What's your favorite whole food? #ItStartsWith10Days

**Post 13: tag - vacation contest**

Facebook friends and family - have any of you been to Las Vegas?? If so, what's your favorite place to eat in Vegas? Any place healthy?

I'm doing a transformation challenge to win a free trip to Vegas and don't wanna miss out on anything‼️‼️

**Post 14: tag - group cleanse**  
The first group cleanse is just SEVEN days away!

And that's only the beginning. #ItStartsWith10Days

**Post 15: tag - group cleanse**

Who else is excited to start the group cleanse on January 9th⁉️🙋🙋 It's going to be AMAZING, and winning a vacation tops it all off, am I right? 😂

Don't know what I'm talking about??? Comment below and I'll fill you in! 😉 #ItStartswith10Days

**Post 16: tag - It Starts With 10 Days**

Who's ready to get their resolutions started? I know I am‼️

Comment ''Ready" below for a chance at a special 🎁 from me! #ItStartsWith10Days

**Post 17: tag - vacation contest**

Who can tell me where this picture is⁉️🙌

If you said San Diego, you're right‼️ Has anyone been there or have a favorite thing to do there? I'm doing a transformation challenge to win a free beach vacay to San Diego and don't wanna miss out on anything‼️ Comment 👇👇👇

**Post 18: tag - vacation contest**

City, beach, mountains or theme park? Which vacation destination would you choose? I can't decide between [INSERT CHOICE] or [INSERT CHOICE]. 🌉 🏖️ 🗻 🎢

#ItStartsWith10Days

**Post 19: tag - vacation contest**

😂 This is gonna be me after I win a trip to Disney World for doing this transformation challenge‼️

"Like" 👍 and comment your favorite thing to do there if you've been!  "Heart" if you want to go!! ❤️

**Post 20: tag - It Starts with 10 Days**

Alright everyone, I need suggestions!‼️ What is your favorite smoothie recipe? I'm looking to switch up my options and want to know which ones you love.

Comment below.👇👇#ItStartsWith10Days

**Post 21: tag - it starts with 10 days**

Facebook friends and family, I'm curious to know what #healthgoal interests you more! #ItStartswith10Days

"Like" for losing weight 👍 or "heart" for eating more fruits and veggies. ❤️

**Post 22: tag - group cleanse**

THREE days until our first group cleanse of the New Year!

Comment below if you're ready. #ItStartswith10Days

**Post 23: tag - vacation contest**

Vail looks so beautiful. 🙌 Has anyone ever been? I'm planning on winning a free trip there by doing a transformation challenge and would love to know your favorite things to do there‼️ I'm more of a [skier/snowboarder]. 🏂 What do you like better?

"Like" for skiing, "heart" for snowboarding.

**Post 24: tag - it starts with 10 days**

Starting January 9th I'll be doing a group cleanse, who wants to join me? 🙋🙋🙋

Comment and tag a friend who would want to join - you could BOTH get a $50 gift card to help jump start your healthier lifestyle! Ready⁉️ Go‼️ #ItStartswith10Days

**Post 25: tag - go big in 2017**

Working from home has allowed to me travel so much more (and make the money to afford it)!

What's the biggest adventure you've ever gone on (or want to!)⁉️ #GoBigIn2017

**Post 26: tag - group cleanse**

Today is the first day of our Group Cleanse (Next Group Cleanse starts on Thursday)‼️‼️ Who else is excited to break those sugar addictions and lose some weight?

Comment with how you'll reward yourself after day 10! #ItStartsWith10Days

**Post 27: tag - go big in 2017**

You know the saying, "Go big, or go home"? I get the best of both worlds! 😂 But seriously, working from home and being able to make a living is an amazing experience.

What would you do if you could work from home⁉️ #GoBigin2017

**Post 28: tag - go big in 2017**

My 2017 New Year's resolution is financial freedom‼️ Who's with me⁉️🙋

#GoBigIn2017

**Post 30: tag - motivational**

The power of positivity... DO YOU SEE THE GLASS AS HALF FULL?

What is your favorite inspirational saying? Comment below👇

**Post 31: tag - go big in 2017**

Have you ever thought of trying something new? What interests you the most in a job? #GoBigIn2017

"Like" for making BIG money 👍, "heart" for making a BIG difference.

**Post 32: tag - go big in 2017**

Tired of asking the "fat cats" for extra cash? Do you need a little money to call your own? 😹 This was me before I went BIG!

You can #GoBigIn2017 too! Comment below and I'll give you a little 🎁 to help you get started‼️

**Post 33: tag - motivational**

The power of positive thinking. Do you see the glass as half full or half empty! List your favorite inspirational saying below

What are some dreams you want to turn into plans⁉️ Comment 👇 below for a chance to win a little 🎁 from me!

**Post 35: tag - it starts with 10 days**

Do you want to:

☑️ Get healthy

☑️ Lose weight

☑️ Feel great

☑️ Win an awesome vacation

😊 Participate in our #ItStartsWith10Days transformation challenge and you could win an all-expense paid vacation‼️‼️

**Post 36: tag - it starts with 10 days**

No food tastes better than being healthy feels... BREAK YOUR FOOD ADDICTIONS NOW. #ItStartsWith10Days

What's your favorite part of the video⁉️ The first 5 people to comment will get a 🎁 from me to help you take your first step!! #ItStartsWith10Days

**Post 37: tag - it starts with 10 days**

Who else is working hard to win that dream vacation?? 🙋🙋🙋

Here is a little progress update from me! It's day [INSERT DAY] and so far I've lost [INSERT POUNDS]. 🙌  How is the challenge going for you guys❓ Comment your progress photos below! #ItStartsWith10Day

\*NOTE: use your own photo!

**Post 38: tag - motivational**

What are you looking for in a career? For me, it was flexibility,💰 , and the opportunity to grow. 🙌

Share your aspirations below. 👇 👇 👇 #GoBigIn2017

**Post 39: tag - motivational**

It's a new world. A world where women can be financially independent and strong. Working from home has been the best decision of my life! It has given me the financial freedom I've always dreamed of and the time to do the things I really want to. ❤️❤️

Remember, WE CAN do this. #GoBigIn2017

**Post 40: tag - It Starts with 10 days**

I'd like to congratulate [insert person] on losing [insert pounds] so far with the #ItStartsWith10Days challenge. Your progress is amazing, and you're on your way to winning that dream vacation.🙌🙌

Post your progress pictures with the hashtag #ItStartsWith10Days for a chance to be featured on my page and win a little 🎁 from me!! I am so proud of everyone participating, it's not too late if you still want to join‼️

**Post 41: tag - motivational**

Here's a little #MondayMotivation for you guys‼️‼️ Keep pushing through the challenge, I'm so proud of the progress.

Drop an emoji below if you're ready for another week of success.💥💥💥💥 #ItStartsWith10Days

**Post 42: tag - vacation contest**

Okay, how awesome is this‼️ What's your most memorable vacation?

Ready to win one? #ItStartsWith10Days

**Post 43: tag - It Starts with 10 days**

We do not plan to fail, we fail to plan!! Make a plan and DO IT!

Remember: #ItStartswith10Days

**Post 44: tag - It starts with 10 days**

How are your resolutions holding up? Did you give yourself a high-five this week? Share your results! 👇👇👇 #ItStartsWith10Days

**Post 45: tag - go big in 2017**

Make money. 💵

No Boss. 💁

Help People. 💖

BOOM! Mind blown!

#GoBigin2017

**Post 47: tag - go big in 2017**

So glad I was able to jumpstart my career and lifestyle in one simple move! Now I'm making 💰 , working from 🏠 , and preparing for something bigger and better this year.

Are you interested❓ Comment "All In" 👇👇 and I'll send you some info and a free 🎁 #GoBigin2017

**Post 48: tag - go big in 2017**

The best part of being an entrepreneur is never having to explain to my boss why I'm late. 😂

Eat great 🍏 , work from 🏠 , make 💰 , ✈️ , and #GoBigIn2017!